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My name sounds familiar because my sister-in-law, Carolyn Squires, is in the legislature. I have the privilege of serving as a senior companion in Missoula with four clients.

All four are ladies, two are widows; one of these had a husband that was a World War 11 vet in the Navy, they range in age from 71 to 89, all have spent many years giving back to our community VOLUNTEERING. All but one went on for some kind of higher education; that one had to quit school and go to work where she helped to feed POWs in MN. All have loving families, two live in the home with their daughters however all their families have to work during the day time. I have four hours to spend with them doing errands, doctor appointments, shopping, socialization; such as lunch at a café or in their home. When I started all were able to walk with out aid now several years later all use some kind of aid, a cane, walker, power chair. This gives their families time that they are free from worry as I am filling in. All of these ladies are on pain medicines and some have problems with depression so a friend coming in helps brighten their day.

These ladies are special they have done many things in their life time. One taught women in Peru about finances. They have traveled, served on boards, raised bright children and again they gave their time by volunteering, one did 26 years at one non-profit.

What do I get? I am enriched as a person and I get a stipend which gives me enough money for gas, and I don't have to choose between medicine and food. I can't begin to tell you all the stories about these special people some funny some sad. They could be your Mother, Grandmother, Aunt, Sister, or you or me.